

The Drum

Term 2 June 2025

Edition 136



Term 2 @The House

Yarram Neighbourhood House will have
restricted hours during term 2

Tuesday – Thursday 9.30am–3.30pm
Closed Monday & Friday

Food Pantry will be available Thursdays only

The house has certainly been busy for the first half of Term 2. We have had a community lunch, Carer's Pamper Session, Fitness Classes, Women's Wellness Event, and many more.

Check out what is happening soon inside this edition of The Drum.

Yarram Neighbourhood House

292 Commercial Rd Yarram 3971

Ph 03 5182 6294

House is open Tuesday — Thursday 9.30am—3.30pm

Centrelink Tuesday 10am—5pm &

Wednesday & Thursday 10am—2pm

Women's Wellness Event

There was a good turn out to our Women's Wellness event on Thursday 8th May in partnership with The Rotary Club of Yarram, Yarram & District Health Service & Latrobe Community Health Service.

Rebekah from Yarram Physiotherapy was our first guest speaker. We heard from Lindy, a sexual health nurse from YDHS, the new female GP from YDHS, Jess from Good Sheppard, Senior Constable Ash Da Silva from Yarram Police and Michelle had

us all up and moving at the halfway mark with 'Girls Just Want to Have Fun' and some stretching exercises.

This was topped with an informative Q&A panel followed by a delicious lunch, general chatter and the opportunity to make smoothies on the Blender bike.

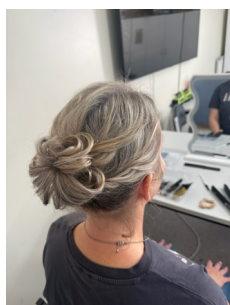
All in all an informative and fun event especially for Women.



Carer's Group

The Carer's Group held a pamper day at the house. They painted their nails, had their hair styled, hand massages, DIY facials, enjoyed good food, lots of conversation and laughs.

If you would like more information on the Carer's Group activities please contact Sue on 5182 6294 or via email yarramcarers@gmail.com



Cooking with Ren

Would you like to gain confidence
in your cooking.

Learn lots of hints and tips on
making healthy meals on a
budget.

Taking expressions of interest for the next session
If you would like to know more pop into the House,
or call 5182 6294 to book in



Community Lunch

We had a good turn out for our last Community lunch on Wednesday 14th May. The weather was clear and warm and we enjoyed the backyard of The House. The food was exceptional, with a delicious and hearty beef stew and a magnificent Hot Cross Bun bread and butter pudding with custard and ice cream to follow.



Our next lunch will be on Wednesday 18th June at the House. All welcome.

WHAT We Do!

TERM 2 PROGRAM



*Craft & Convo 10am
Wednesdays*



Art 10am Thursdays



Scrabble 1pm Thursdays



*Patchwork 7pm Tuesdays
& 10am Fridays*



Crochet 7pm Thursdays



Mens Shed 8.30am Tues & Wed

ENQUIRIES



292 Commercial Rd Yarram



03 5182 6294



AN EVENING WITH ROSIE BATTY

Saturday July 19th - 7:00pm

Regent Theatre
Commercial Road Yarram

DOORS OPEN 6:15pm FOR FINGER FOOD

BOOK NOW AT: www.trybooking.com/DAGHX

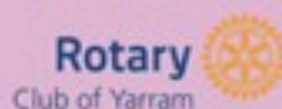
Australia's
leading voice against
family violence

TICKETS
\$10/person
\$5/concession

*Come along to hear about Rosie's
inspirational crusade against
domestic violence, to share inspiration,
empowerment and resilience*

- Suitable for ages 15+
- Discusses family violence
and may be triggering for
some audiences

BOOK ONLINE



YARRAM SAYS NO TO FAMILY VIOLENCE

CONNECTING CARERS IN THEIR COMMUNITY



The 'Connecting Carers in their Community' grants program is supported by the Victorian Government.

Tuesday 3rd June

Lunch at 11:30, at The Coffee Palace, followed by movie at the Regent at 1pm. The movie is open to everyone in the community, not just carers - tickets \$10. Yarram Carers Group will pay for lunch and carers group movie tickets. Movie TBC.

Wednesday 4th June

10am Fitness session at the Fitness Zone. No cuppa and chat today.

Tuesday 10th June

Painting workshop at Yarram Neighbourhood House Studio. Starts at 10:30am. We have an artist with a gallery in Stratford coming along to guide us!

Wednesday 11th June

9am Fitness session at the Fitness Zone. Cuppa and chat at 10am at The Bean Pedlar. You do not need to attend fitness session to come to cuppa and chat time! Carer's Group will cover costs.

Wednesday 18th June

9am Fitness session at the Fitness Zone.

10:30am Information Session from Yarram District Health Service regarding changes to At Home Care Packages commencing July 1st and the services they can offer. This session is open to all of our community and is **at The Fitness Zone located on** Commercial Road, between Neilson's Pharmacy and The Bean Pedlar.

Community lunch to follow at the Neighbourhood House at 12pm – all welcome.

Wednesday 25th June

10am Fitness session at the Fitness Zone. Cuppa and chat at 11am. You do not need to attend fitness session to come to cuppa and chat time!

Friday 27th June

True Blue Bus Lines is running a bus to The Wedge in Sale for the Elvis and Buddy Holly show which starts at 8pm. Carers group will cover the cost of your ticket and the bus, but these need to be booked so that Neil from True Blue can confirm tickets with The Wedge (he drove us to the Rubeena). The bus will leave from Yarram at a time TBC.

Sunday 29th June

Issi Dye at the Regent Theatre in Yarram. His singers will be performing songs from Elton John, Olivia Newton John and Grease. Starts at 2pm. Perhaps we could meet for lunch first at The Commercial if people are interested? Please let me know so that I can book lunch. I have 11 seats for the show left at time of writing this, but we can purchase more if needed!

Saturday 30th August

Mamma Mia at the Gippsland Performing Arts Centre in Traralgon. We will provide transport. Starts at 1:30pm. I have some seats that don't have steps and some in the next row below them, so only 1 or 2 steps. I have 4 seats left at the time of writing this, but I can still purchase more elsewhere in the theatre for that performance if needed – will need to book before 30th June though.

Please contact YNH on Ph. 5182 6294 or yarramcarers@gmail.com with any queries, bookings, or ideas for events!



**COMMUNITY
LUNCH
12 NOON**

Wednesday 18th June
All Welcome





CRAFT ALL DAY



SATURDAY

12TH JULY

9.30 AM - 3 PM

Yarram Hub

(next to the library)

Morning Tea & Lunch provided

Door Prizes

Bring your knitting, crochet, hand
stitching

Bookings Essential

RSVP to 5182 6294



\$15

ENTRY



Yarram Neighbourhood House



GIPPSLAND
SYMPHONY
ORCHESTRA

Celebrating 10 Years 2015-2025

SYMPHONIC JOURNEYS :THE FIRST



SUNDAY 15TH JUNE, 2025
2:00PM

YARRAM REGENT THEATRE

TICKETS AT THE DOOR
ADULTS \$25
CONCESSION \$20
STUDENTS \$15



THE NEXT GENERATION: STRENGTH, VISION & LEGACY

6-13 JULY 2025



NAIDOC Week 2025
Yarram Memorial Garden
Wednesday 9th July
11am BBQ lunch at 12



Yarram 2025 NAIDOC Week Events

**THE NEXT
GENERATION:
STRENGTH,
VISION &
LEGACY**
6-13 JULY 2025

Woodside FNC
Saturday 12th July
Smoking Ceremony 9am & 2pm
BBQ

What's happening in our Libraries ...



Story time

Aimed at Toddlers aged 3-5 years this is a 45-minute session held during school term that includes stories, songs and activities aimed at pre-school literacy and social skills development.

Stratford Library

Wednesday at 9.30am

Heyfield Library

Wednesday at 10.30am

Sale Library

Wednesday & Thursday at 10.30am

Maffra Library

Thursday at 11am

Yarram Library

Thursday at 11am

Rosedale Library

Friday at 10.30am



Libraries
Change Lives

Bookings are not essential, but can be made via TryBooking for this event. For further information call us on 5142 3146 or email library@wellington.vic.gov.au



Rock Rhythm & Rhyme

Aimed at babies aged 0-2 years this 30-minute fun-filled program held during school term includes nursery rhymes, actions, songs, music and simple stories designed to entertain and help develop literacy skills for babies and toddlers.

Maffra Library

Monday at 9.30am

Rosedale Library

Tuesday at 11am

Sale Library

Friday at 9.30am and 10.30am

Stratford Library

Friday at 9.30am

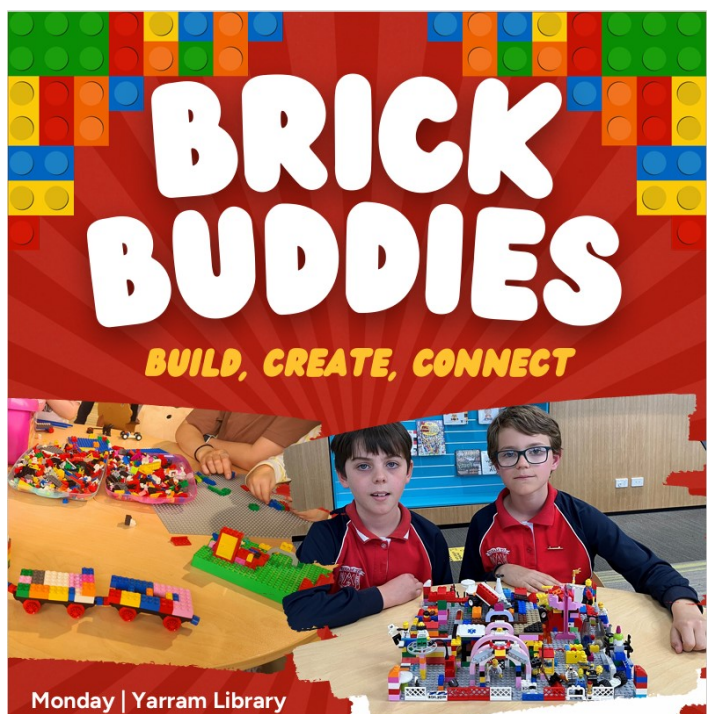
Yarram Library

Friday at 10.30am



Libraries
Change Lives

Bookings are not essential, but can be made via TryBooking for this event. For further information call us on 5142 3146 or email library@wellington.vic.gov.au



BRICK BUDDIES

BUILD, CREATE, CONNECT

Monday | Yarram Library

Tuesday | Rosedale Library

Wednesday | Sale Library

Wednesday | Heyfield Library

Thursday | Maffra Library

Friday | Stratford Library

Weekly

During School Terms

3.30 - 4.30pm



5142 3146 [wellingtonlibraries](https://www.wellingtonlibraries.org.au)





**TUESDAY 25
NOVEMBER 2025**

16 HOUR

WALK AGAINST GENDER- BASED VIOLENCE

SAVE THE DATE

**FOR MORE INFORMATION
PHONE 5182 0348**

YARRAM'S 16 HOUR WALK FOR THE 16 DAYS OF ACTIVISM AGAINST GENDER- BASED VIOLENCE

Starting at 4am, individuals, relay teams and groups will walk laps of Commercial Road in Yarram until 8pm to shine a light on the issue of gender-based violence and abuse in our community.

The community is also warmly invited to a community BBQ and to remember the lives lost to family violence at Yarram Memorial Park from 6pm-7pm on the same day.

Start talking to your friends, family, school community, workplace or community group about getting together to walk a few laps or even relay for the whole 16 hours!

The Yarram 16 Days of Activism Against Gender-Based Violence is a project of Yarram community-based organisations including Yarram Neighbourhood House, Yarram Rotary Club, Yarram and District Health Service, Yarram Secondary College and Yarram Combined Churches.



FITNESS ZONE TERM 2

Mondays	9am Strength 10am Huff & Puff 11.15am Healthy Balance 5.15pm Strength	\$72
Tuesdays	5.30pm Body Circuit	\$88
Wednesday	6.15am Boxing 10am Fitness for Carers 5.15pm Body Sculpt	\$88
Thursday	9am Strength 10am Strength 5.15pm Strength	\$88
Friday	9am Chair Yoga/Pilates	\$80



Payments
BSB
633 000
Acc
109 479 063



Heating is essential in winter, but it comes with an increased risk of fire. Make sure you know how to prevent fires starting in your home by being safe when heating your home.

Heating your home safely

Heating is one of the main causes of house fires in winter. It doesn't matter what kind of heating you have, it is a fire risk.

Keep yourself and your family safe by following these tips.

- Turn off heating and put out wood fires before going to bed or leaving home.
- Keep items that can catch fire at least one metre away from all heat sources. This includes:
 - clothes
 - sofas and chairs
 - toys
 - papers and anything else which can burn.
- Children should not be left alone near heaters, so they don't accidentally get severely burnt.
- All heaters should be in good working order to prevent a fire starting.



Make a safer choice

New heaters have the best safety features. Replace your old heaters with new ones that will turn off when tipped over or when it overheats. Newer heaters are also generally more efficient for heating your home.

Gas heating

Gas heaters can start a fire if there is a gas leak. They should be inspected and serviced every two years by a professional.

Carbon monoxide poisoning

Gas heaters that are not operating efficiently can cause carbon monoxide poisoning.

Carbon monoxide, commonly known as the silent killer, can't be seen, tasted or smelt.

Breathing in carbon monoxide can cause loss of consciousness, seizures and even death. This is why it is important to have your gas heaters regularly serviced.



Portable heaters

Portable heaters are only designed to heat small spaces for short periods of time. Follow these tips when using portable heaters to warm up your room:

- Turn portable heaters off if you leave the room or go out.
- Don't put anything on top of or near your heater, including toys, your couch, clothes or anything else which can catch fire. Keep all items at least one metre from the heater.
- Don't let children play near heaters.
- Only use heaters which have an automatic safety switch that turns them off if tipped over or if they overheat.
- Don't use portable heaters that are designed to be filled with a liquid like kerosene.

For more information on home fire safety visit www.cfa.vic.gov.au/homefire

Open fires and wood heaters

Wood fires are a common way to heat homes across Victoria, but they can be dangerous.

Follow these tips when using open fires and cast iron wood heaters:

- Always put the fire out before leaving home or going to sleep.
- Use a fire screen to help stop logs rolling out of the fire or embers and sparks landing on your floor. A fire screen can protect children from severe burns from touching the fireplace or wood heater.
- Keep wood and other flammable objects, like drying clothes and soft toys, at least one metre away from fire. Clothes airers can be tipped over which can cause clothes to catch fire if they land on the heater or fire.
- Only burn dry, clean wood. Green wood, or treated wood can release toxic gases. Burning green wood also increases the build-up of creosote. Creosote is a black substance that can build up inside the chimney. If enough builds up this substance can catch fire and cause a chimney fire which can spread to your whole house.
- When cleaning your fireplace or wood heater, check that embers are cold before you throw them out, otherwise they could start a fire in your bin.
- Chimneys and flues should be cleaned yearly, to prevent a build-up of creosote. This should be done in autumn, before you light your fire for the first time when the weather starts to cool. Birds can build a nest in your chimney after you stop using it in spring. This can catch fire once you start using your fireplace in autumn.



Our Fitness Zone is a friendly, relaxed environment to have some fun while getting some exercise. Our instructors are approachable, knowledgeable and accommodating. We have a range of classes for you including Cardio, Strength, Boxfit, Body Circuit, Healthy Balance and Chair Yoga. We are sure to have a class that suits your needs



Are you looking for something to do on a Tuesday or Wednesday? Do you like working with wood? Would you like to meet new people and give a little back to our community?

Joining the Yarram Mens Shed offers all that and more.
Come along and give it a go.

Tuesdays & Wednesday 8.30am-3.30pm



292 Commercial Rd Yarram 3971

03 5182 6294

manager@yarramhouse.org.au

Tuesday—Friday 9.30am-3.30pm



Services Australia

Centrelink Agent

Tuesday

10am—5pm

Wednesday & Thursday

10am—2pm

Community Meals

& Foodbank

Available Thursdays



We have a range of frozen meals for \$2 available for those in need. We also have a range of pantry products in the Foodbank pantry. Call in to the house when you need something.

Community Groups in Yarram & District

Community Craft Group

Secretary Sarah Gregory
0429 173 667
1st Thursday of Month
Yarram Sec College 7pm start

Bowls Yarram

Learn or perfect your Lawn Bowling skills. Weekly Barefoot bowls on Sunday from 3.00pm. All ages welcome. Yarram Country Club
Wendy Helms Ph: 0407 966 988

Euchre Club

Enthusiastic card playing group who meet weekly at 12.45pm most Mondays. Beginners welcome. Meet at the Country Club.
Pat Kiely Ph: 0419 045 637

Friends of Tarra Bulga NP Inc

David Akers 0488 035 314
friendoftarrabulga@gmail.com
Volunteers help to run the visitors centre. Calendar from
www.friendsoftarrabulga.org.au

Focus on Gardening

Judy McLachlan Ph 0437 771 645
Meets at 10am on the 1st Friday of the month at various local gardens

Good Times Motoring Club of

Yarram Inc

Meets last Sunday of every month at The Yarram Hub 156 Grant St
PO Box 113 Yarram3971
goodtimescarclub@outlook.com

Men's Monthly Breakfast

Tom Reakes 5185 1413
4th Saturday of each month at 8am Feb-Nov at Regent Theatre Supper Rooms, Grant St (Back of Regent Theatre)
reakes@skymesh.com.au

Mirridong Services Inc

Doreen Milne 5182 5750
Hours: 8.30am-4pm Mon-Fri
info@mirridong.com.au

NightingaleParkSociety

Gary Stephens 0419 953 004
Michelle Graham 0418 297 830
Meets Bi-monthly 6pm on the 3rd Wednesday at Anglican Church Hall

Port Albert Fishing Club

Ian (Blackie) Blackmore 0429998799 Monthly competitions and social gatherings. Affordable family or individual membership
portalbertfishingclub@gmail.com

Port Albert Yacht Club

Ian Nicol 0428 825 020
info@portalbertyachtclub.com.au
Sailing most Sunday October-May Port Albert Yacht Club, Bay St

The Probuss Club of Yarram

Carol Elmer (Secretary)
Meets last Wed of each month at 10.15am at The backroom, Yarram Country Club

Prom Produce & Craft Market

Glenda 0438 044 346
More than 200 stalls Home produce, Arts & Crafts, Plants, Food Stalls. Entry \$2/person
See ad for 2021 Dates

The Rotary Club of Yarram

Diane Hennig 5182 5625
Meets at 6pm every Wed night Yarram Shire Hub
rotaryyarram@gmail.com

Tarra Festival Committee

tarrafestival@gmail.com

Woodside FNC

Ashley Walpole 0401 379 599
Meeting 1st Tuesday of the month
Juniors & Senior Football & Netball teams

Yarram Apex Club

Daniel Leadoux 0427 891 319
Meets 2nd & 4th Tuesday of each month

Yarram Agricultural Society Inc

Michelle Boddy 0402 252 157
yarram.agshow@gmail.com
Meets at 7pm 2nd Monday of each month at The Bland Pavilion

Yarram & District Historical Society

Historical Rooms, 1 Gipps St Yarram
PO Box 213 Yarram 3971
Secretary : research.ydhs@gmail.com
0438 313 618
Open Wed 11am-3pm or by appointment

Yarram Branch—Country Women's

Association of Victoria Inc

Catharina Versteeg 0459 494 566
Meets - General meeting - 2nd Friday in each month
Craft Group - 1st Tuesday in each month
At Neighbourhood House

Yarram Courthouse Gallery Inc

Bettine Dijks 0408 695 452
Membership: Electronic \$10pa,
Postal \$20pa. Open daily 10am-3pm
www.yarramcourthousegallery.com

Yarram Lions Club

Lions Secretary 0427 825 794
lionsyarram@gmail.com
Meets 2nd & 4th Monday of each month at The Lions Den, 16 Railway Ave, Yarram

Yarram Men's Shed

Peter 5182 5218
yclcworkshop@dcsi.net.au
Open every Tuesday & Wednesday during school terms 8.30am-3pm
All Men Welcome 22 Bland St Yarram

Yarram RSL

Sec 0455 660 298
Dinner Club meeting - 3rd Monday 6pm
Contact Sec for venue

Yarram Scouts

Gl.1styarram@scoutsvictoria.com.au
Cubs (7-11yo) Thurs 5.30-7pm
Scouts (11-15yo) Tues 5.30-7.30pm

Yarram Senior Citizens Inc

Louise Hopkins 0408 168 323
Meet every 2nd Wednesday of the month
Open Mon, Wed & Thurs 1-3pm

Yarram U3A

Marj Brosche 5183 2481
marjoriebrosche@bigpond.com
Meet 1st Monday of the month 11am at the Country Club

Yarram Yarram Landcare Network

Anna Feely 0417 536 873
yyln@wgcm.vic.gov.au

Yarram Genealogy Group Inc

Esme Rash 0428 614 742
Joy 0428 826 025
Dawn 0438 825 737
Open every Friday 12-3pm
24 Yarram St, Yarram